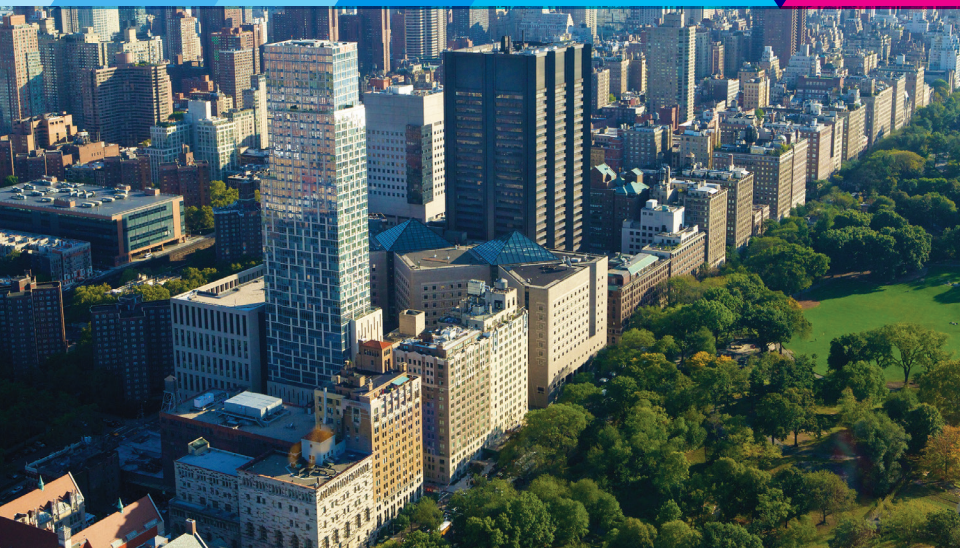


ORTHOPAEDICS FOR THE PRIMARY CARE PROVIDER

OCTOBER 18-19, 2019

Goldwurm Auditorium
Icahn School of Medicine at Mount Sinai
1425 Madison Avenue (98th Street)
New York, NY



Course Description

The goal of this program is to provide participants with a broad overview of the most common disorders of the musculoskeletal system that they frequently encounter in the outpatient setting. Emphasis will be placed on physical exams, diagnosis, and treatment of musculoskeletal disorders. Lectures will cover the diagnosis and non-surgical management of common conditions of the musculoskeletal system. Workshops will be offered in musculoskeletal examination, injection techniques, splinting methods, and imaging interpretation.

Objectives

At the conclusion of this CME course the participant should be able to:

- Evaluate the most common and most frequent musculoskeletal injuries
- Explain the pathophysiology and treatment plan of various diagnoses to the patient
- Apply appropriate management and treatment for each diagnosis
- Apply basic physical exam, injection, and splinting techniques
- Identify those patients who need referral to physical therapy and who need referral to a specialist
- Interpret and order appropriate imaging studies

Target Audience

Internists, Family Physicians, Physiatrists, Physical Therapists, Physician Assistants, Rheumatologists, Neurologists, Geriatricians, Emergency Room Physicians, Residents, Nurse Practitioners, Chiropractors, Individuals in Allied Health Positions

Location

The Goldwurm Auditorium is located at 1425 Madison Avenue (at 98th Street), New York, New York. **For directions and parking please go to: <http://icahn.mssm.edu/about/visiting>.** Parking is available on East 99th Street between Madison and Park Avenues.

Accreditation

The Icahn School of Medicine at Mount Sinai is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

Credit Designation

The Icahn School of Medicine at Mount Sinai designates this live activity for a maximum of 12.50 *AMA PRA Category 1 Credit(s)*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

A certificate of verification of attendance will be provided to all professionals.

Faculty Disclosure Statement

It is the policy of the Icahn School of Medicine at Mount Sinai to ensure objectivity, balance, independence, transparency, and scientific rigor in all CME-sponsored educational activities. All faculty participating in the planning or implementation of a sponsored activity are expected to disclose to the audience any relevant financial relationships and to assist in resolving any conflict of interest that may arise from the relationship. Presenters must also make a meaningful disclosure to the audience of their discussions of unlabeled or unapproved drugs or devices. This information will be available as part of the course material.

Special Needs

The Icahn School of Medicine at Mount Sinai is in full compliance with provisions of the Americans with Disabilities Act (ADA) and is accessible for individuals with special needs. If you would like to attend this conference and require any special accommodations, please contact The Page and William Black Post-Graduate School at 212.731.7950.

For more information please visit our website at:
<https://mssm.cloud-cme.com/Ortho2019>

Friday, October 18, 2019

7:00 a.m. **Registration and Breakfast**

7:45 a.m. **Welcome Address**
Andrew C. Hecht, MD and Melissa D. Leber, MD

8:00-10:00 a.m. Spine, Section Leader: Andrew C. Hecht, MD

8:00 a.m. **Neck and Arm Pain: Evaluation and Management of Common Disorders of the Cervical Spine**, Andrew C. Hecht, MD

8:40 a.m. **Back and Leg Pain: Evaluation and Management of Common Disorders of the Lumbar Spine**, Saad B. Chaudhary, MD, MBA

9:10 a.m. **Vertebral Compression Fractures**, Eugene Bulkin, MD

9:20 a.m. **The S.P.O.R.T. Study: Should This Affect the PCP's Evaluation?**
Samuel K. Cho, MD

9:30 a.m. **Breakout Session: Review a Basic and Comprehensive Physical Exam of the Spine**, All Faculty

10:00 a.m. **Coffee Break**

10:15-12:00 p.m. Knee, Section Leader: James N. Gladstone, MD

10:15 a.m. **Evaluation and Differential Diagnosis of the Most Common Causes of Atraumatic Knee Pain**, Alexis C. Colvin, MD

10:30 a.m. **Evaluation and Differential Diagnosis of the Most Common Causes of Traumatic Knee Pain**, James N. Gladstone, MD

10:45 a.m. **Anterior Knee Pain**, Melissa D. Leber, MD

11:00 a.m. **Knee Arthritis: Non-Surgical and Surgical Management**,
Calin S. Moucha, MD

11:20 a.m. **Breakout Session: Review a Basic and Comprehensive Physical Examination of the Knee with Injection Models**, All Faculty

12:00 p.m. **Lunch**

1:00-2:45 p.m. Foot and Ankle, Section Leader: Steven B. Weinfeld, MD

1:00 p.m. **Common Podiatric Pathology**, Bryan C. Markinson, DPM

1:20 p.m. **Evaluation and Differential Diagnosis of the Most Common Causes of Atraumatic Foot and Ankle Pain**, Steven B. Weinfeld, MD

1:40 p.m. **Evaluation and Differential Diagnosis of the Most Common Causes of Traumatic Foot and Ankle Pain**, Mark J. Klion, MD

2:00 p.m. **The Diabetic Foot**, Steven B. Weinfeld, MD

2:15 p.m. **Breakout Session: Review a Basic and Comprehensive Physical Exam of the Foot and Ankle**, All Faculty

2:45 p.m. **Coffee Break**

**3:00-5:00 p.m. Shoulder and Elbow,
Section Leader: Shawn G. Anthony, MD, MBA**

3:00 p.m. **Evaluation and Differential Diagnosis of the Most Common Causes of Atraumatic Shoulder Pain**, Shawn G. Anthony, MD, MBA

3:15 p.m. **Non-operative Prescriptions: Injections, Physical Therapy, Recommendations to the Patient**, Melissa D. Leber, MD

3:30 p.m. **Evaluation and Differential Diagnosis of the Most Common Causes of Traumatic Shoulder Pain**, Aruna M. Seneviratne, MD

3:45 p.m. **Evaluation and Differential Diagnosis of the Most Common Causes of Atraumatic Elbow Pain**, Michael R. Hausman, MD

4:10 p.m. **Evaluation and Differential Diagnosis of the Most Common Causes of Traumatic Elbow Pain**, Andrew J. Lovy, MD, MS

4:30 p.m. **Breakout Session: Review a Basic and Comprehensive Physical Exam of the Shoulder with Injection Models**, All Faculty

5:00 p.m. **Adjournment**

Saturday, October 19, 2019

7:30 a.m. **Breakfast**

**8:00 a.m. Common Cases: A Primary Care Perspective
Andrew C. Hecht, MD, Melissa D. Leber, MD, and Faculty**

8:45-11:00 a.m. Hip, Section Leader: Michael J. Bronson, MD

8:45 a.m. **Evaluation and Differential Diagnosis of the Most Common Causes of Atraumatic Hip Pain**, Darwin Chen, MD

9:15 a.m. **Joint Replacement: Common Questions for the Primary Care Doctor**, Michael J. Bronson, MD

9:45 a.m. **Evaluation, Differential Diagnosis, and Management of the Most Common Causes of Traumatic Hip Pain**, Jeremy Podolnick, MD

10:30 a.m. **Breakout Session: Review a Basic and Comprehensive Physical Exam of the Hip**, All Faculty

11:00 a.m. **Coffee Break**

11:15-1:00 p.m. Hand and Wrist, Section Leader: Michael R. Hausman, MD

- 11:15 a.m. **Evaluation and Differential Diagnosis of the Most Common Causes of Atraumatic Hand and Wrist Pain**, Jaehon M. Kim, MD
- 11:40 a.m. **Evaluation, Differential Diagnosis and Management of the Most Common Causes of Traumatic Hand and Wrist Pain**, Michael R. Hausman, MD
- 12:00 p.m. **Management of Atraumatic and Rheumatological Causes of Hand and Wrist Pain**, Andrew J. Lovy, MD, MS
- 12:30 p.m. **Breakout Session: Review a Basic and Comprehensive Physical Exam of the Hand and Wrist**, All Faculty
- 1:00 p.m. **Closing Remarks**, Darwin Chen, MD

Faculty of the Icahn School of Medicine at Mount Sinai

Course Director

Andrew C. Hecht, MD, Associate Professor of Orthopedics,
Associate Professor of Neurosurgery

Associate Course Director

Melissa D. Leber, MD, Assistant Professor of Orthopedics,
Assistant Professor of Emergency Medicine

Darwin Chen, MD, Assistant Professor of Orthopedics

System Chair of Orthopedics

Leesa M. Galatz, MD, System Chair of Orthopedics,
Professor of Orthopedics

Course Faculty

Shawn G. Anthony, MD, MBA, Assistant Professor of Orthopedics

Michael J. Bronson, MD, Site Chair of Orthopedic Surgery at
Mount Sinai West, Associate Professor of Orthopedics

Eugene Bulkin, MD, Assistant Professor of Orthopedics,
Assistant Professor of Rehabilitation Medicine

Saad B. Chaudhary, MD, MBA, Assistant Professor of Orthopedics

Samuel K. Cho, MD, Professor of Orthopedics,
Professor of Neurosurgery

Alexis C. Colvin, MD, Associate Professor of Orthopedics

James N. Gladstone, MD, Associate Professor of Orthopedics

Michael R. Hausman, MD, Professor of Orthopedics

Jaehon M. Kim, MD, Assistant Professor of Orthopedics

Mark J. Klion, MD, Clinical Instructor of Orthopedics

Andrew J. Lovy, MD, MS, Assistant Professor of Orthopedics

Bryan C. Markinson, DPM, Associate Professor of Orthopedics,
Assistant Professor of Pathology

Calin S. Moucha, MD, Associate Professor of Orthopedics

Jeremy Podolnick, MD, Assistant Professor of Orthopedics

Aruna M. Seneviratne, MD, Associate Professor of Orthopedics

Steven B. Weinfeld, MD, Associate Professor of Orthopedics

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Online: <https://mssm.cloud-cme.com/Ortho2019>

	Limited Early Bird* Pricing Available:	Regular Pricing:
Physicians	\$300	\$400
Mount Sinai Health System and Allied Health Professionals	\$95	\$125
Nurses, Residents, and Fellows**	\$50	\$60

A paper syllabus will be available for purchase.
When registering, please be sure to indicate Yes and \$40 will be applied to your registration
PLEASE NOTE: presentation slides may be updated between the syllabus printing and the course date.

* Early Bird Pricing ends September 20, 2019. Payment must be received by early bird cut off date to be eligible for early bird pricing

** E-mail a copy of badge identification to cme@mssm.edu

Mail this form with your check to: **Icahn School of Medicine at Mount Sinai
The Page and William Black, Post-Graduate School
One Gustave L. Levy Place, Box 1193
New York, NY 10029-6574**

Last Name: _____ First Name: _____

Credentials (MD, RN, NP) _____ Institution: _____

Address: _____

City: _____ State: _____ Zip: _____

Phone: _____ Specialty: _____

Email: _____

Enclosed is my check for \$ _____

Payable to: The Page & William Black Post-Graduate School

How did you hear about this course:

- Print Brochure Social Media Handout Journal Advertisement
 Email Blast Other _____

Opt-in to receive future communication from the Orthopedics Department.

For registration information: Please contact the CME Office at 212.751.7950 or cme@mssm.edu

For conference information please contact: Komal Srivastava at 212-241-6605 or komal.srivastava@mountsinai.org.

CANCELLATION POLICY: All refund and cancellation requests must be emailed to the CME office at cme@mssm.edu by October 7, 2019. Cancellations after this date are not eligible for a refund. An administrative fee of \$50 will be deducted from your refund. No refunds will be issued for registration fees that are equal or less than \$50.

For security purposes, credit card payment cannot be accepted by mail or fax.
Please visit <https://mssm.cloud-cme.com/Ortho2019> to register and pay by credit card.



Icahn School of Medicine at Mount Sinai
The Page and William Black
Post-Graduate School
One Gustave L. Levy Place, Box 1193
New York, NY 10029-6574

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